



2021 COVID RESOURCE GUIDE INLAND EMPIRE RESOURCE GUIDE

For the INTELLECTUAL/DEVELOPMENTALLY DISABLED COMMUNITY



CLASE COMMUNITY OF PRACTICE

COLABORACIÓN, LIDERAZGO, ABOGACÍA,
SERVICIO Y EDUCACIÓN (CLASE)



This Resource Guide was developed in response to a survey taken in Feb 2021 by the CLASE Community of Practice. The Colaboración, Liderazgo, Abogacía, Servicio y Educación (CLASE) Community of Practice consists of Latino leaders serving the Intellectual and Developmentally Disabled Community in Riverside and San Bernardino Counties.

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Thank you to all the members and organizations who are part of the 2020/2021 CLASE Community of Practice:

Angeles con Futuro
Ángeles Especiales Parent Support Group
Autism Society Inland Empire
Broad Spectrum, Broader Minds
Capacidades diferentes
Coachella Valley Special Needs Parents Community
EPU
ESFRN
Fiesta
Educativa High Desert

G.A.N.A.S
Inland Empire Latino Coalition
Inland Regional Center
NESPE pod la Inclusion
Padres Empoderados
San Bernardino CAC
San Bernardino USD
San Bernardino ELARC
Somos Una Voz
TASK
UCPIE
Independent Leaders

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Financial Assistance

Another Round, Another Rally

Hospitality workers are facing unprecedented hardships, but Another Round Another Rally is here to help. If you are a chef, server, bartender, dishwasher, sommelier, manager, or someone who holds any other type of hospitality role, we're here to lend a hand. We're offering \$500 relief grants for hospitality workers who have lost their jobs or had their hours cut in the wake of the Covid-19 outbreak.

<https://anotherroundanotherally.org/>

California Employment Development Department (EDD) provides a variety of support services to individuals affected by COVID-19 in California including sick or quarantined workers, unable to work because you are caring for an ill or quarantined family member with COVID-19 and those who have reduced work hours.

https://www.edd.ca.gov/about_edd/coronavirus-2019.htm

Catholic Charities

Contact 909-391-4882 <http://ccsbriv.org/>

Offers Housing Assistance, Emergency Assistance, Eviction Prevention, Utility Assistance as funds permit.

CITY OF CORONA: Emergency Housing Needs Assistance Program

Funds are still available for the City of Corona's Emergency Housing Needs Assistance Program (EH NAP) that provides rental and utility assistance to eligible Corona renters. 951-736-2260 o 951-736-2434. <https://www.coronaca.gov/government/departments-divisions/community-development/housing-division>

CITY OF JURUPA VALLEY: Rental, Utility, and Short Term Emergency Assistance

In partnership with Path of Life Ministries, the City of Jurupa Valley is helping to facilitate short term emergency financial assistance to struggling City residents. Eligible uses include rent and utility payments, vehicle repairs, and employment-related licensing and training fees. For information on eligibility and more, contact Path of Life's at rapidresolution@thepathoflife.com or call Path of Life Ministries' hotline at (951)786-9048 ext.31

CITY OF MORENO VALLEY: MoVal Rental Rescue Program

<https://iscuw.wufoo.com/forms/moreno-valley-rental-rescue-program/>

The City of Moreno Valley has partnered with Inland SoCal United Way to provide emergency rental and financial assistance to keep Moreno Valley residents affected by the COVID-19 pandemic housed. Assistance includes Homelessness Prevention (HP) – Up to \$5,000: Rental Assistance / Rental Arrears for current housing Past Due Utility



Payments; Rapid Re-Housing (RR) Up to \$5,000: Rental Assistance to move into permanent housing Advanced Payment of Last Month's Rent Utility Deposits and Payments Moving Costs, Rental Application Fees, and Security Deposits.

CITY OF MORENO VALLEY: Extra Time and Discounts for Moreno Valley Utility Customers

The Mayor and City Council have unanimously approved a new COVID-19 Utility Assistance program for Moreno Valley Utility (MVU) electricity customers that includes a Covid-19 discount for qualifying customers. Residents can apply for an extended payment plan with up to 12 months to pay the outstanding balance accrued since March 2020. Income-qualified residents may qualify for the new discount savings program. call the Moreno Valley Utility Customer Service line at 844-341-6469 or visit Moreno Valley Utility at www.moval.org/mvu for more information.

CITY OF RIVERSIDE: Emergency Recovery Assistance Program (ERAP)

Riverside Public Utilities offers a one-time \$400 utility bill credit to eligible residential customers who have experienced reduced income due to loss of employment or reduced hours as a result of COVID-19.

Community Action Partnership

www.capsbc.org

Housing Assistance, Emergency Assistance, Utilities Assistance
Family Development Program services include housing assistance, children's services, emergency assistance, essential supplies, and employment support services. Call 909-723-1558 for more information and to schedule an appointment. Their Energy, Education, and Environmental Services Program is assisting clients by appointment only and online applications. If you need assistance with utility bills or weatherization, we have created a secure system for you to apply for help and submit documents online. For additional information call 909-723-1500.

Family Service Association of Redlands

909-793-2673

<http://redlandsfamilyservice.org>

Services Available: Rental Assistance; Utility Assistance



RIVERSIDE COUNTY: Housing for the Harvest Program

In partnership with Riverside County and the State of California, TODEC Legal Center is coordinating outreach, housing services, wellness checks, and ancillary supportive services for essential farmworkers who have been impacted by the COVID-19 Pandemic. If you or a loved one works in agriculture or food processing, have tested positive for COVID-19, and require support, you may be eligible for lodging and other resources.

United Lift

United Way provides rental assistance as funds allow. Lift To Rise will be covering outreach to applying households in the east end of Riverside County including all Coachella Valley cities and unincorporated communities, Blythe, Banning, and Beaumont. Inland SoCal United Way will cover the remaining west and southwestern portions of Riverside County. <https://www.unitedlift.org>

Other:

A DACA Recipient's Guide to Buying a Home - [A DACA Recipient's Guide to Buying a Home](#)
[| MYMOVE](#)



Food Assistance (San Bernardino/Riverside Counties)

Riverside County has compiled an extensive list of food resources including food pantry locations as well as senior and school Grab & Go meal sites. To learn what resources are near you, please visit this interactive map at : <https://arcg.is/1HuOGK0>

San Bernardino County has compiled an extensive list of food resources including food pantry locations as well as senior and school Grab & Go meal sites. To learn what resources are near you, please visit <https://sbcovid19.com/food-assistance/>

211 Community Connect (Riverside County) – <https://connectriverside.org/>

211 San Bernardino County – <https://211sb.org/>

Feeding America Riverside/San Bernardino – www.feedingamericaie.org/find-pantry

Schools: Most school districts have a Grab and Go meal distribution program, which provides breakfast and lunch meals for children ages 18 and under. If an adult is in special education in that district and receiving services, they also should be eligible. Check your local school district's website for which schools are distributing food and what hours. The meals, offered every weekday from 11 a.m. to 12:30 p.m., are prepared by Food Services staff and distributed by District administrators and staff. Students do not have to be school age – or registered students in that district – but should be present in the car to receive meals. Students with special needs can receive meal service accommodations by contacting the District (such as not being present in the car). Per the CDE, all students over age 18 who meet the state agency's definition of disabled may receive meals under the Seamless Summer Option (SSO). They do need to be enrolled in school. Some districts are ensuring that food service staff at the meal sites are aware of the written medical statements or the IEP/nutrition plan so students are receiving appropriate and safe meals.



Riverside County Food Resources:

- Banning: Pantry Help., Inc 53 South Sixth Street -- 92220 Monday - Thursday 9 AM to 3PM; Friday: 9 AM to 12:00 PM; Distributes USDA Commodities (951)922-2305
- Banning: Our Savior's Lutheran Church 1320 W. Williams Street -- 92220 Monday: 9:00 AM to 11:00 AM (951)849-3343
- Banning: Pantry First Missionary Baptist Church 332 N. Allen Street -- 92220 Wednesday: 10:00 AM to 4:00 PM; Distribute 2nd & 4th (951)849-8113
- Banning: Pantry Seventh Day Adventist Church - Sunrise 80 N. 8th Street -- 92220 Monday: 10:00 AM to 12:00 PM; Wednesday: 6:00 PM to 8:00 PM (909)838-8834
- Coachella: Centro Libre Cristiano Coachella 83246 Avenue 50 -- 92236 Tuesday: 5:00 PM to 8:00 PM; Last Tuesday of every month (760)342-6034
- Coachella: Family Worship Center Coachella 85901 Vista Del Norte -- 92236 Thursday: 6:00 PM to 7:00PM; 2nd Thursday. (760)574-0583
- Corona: Corona - Norco Settlement House, Inc. Corona 507 S. Vicentia Avenue -- 92882 (951)737-3504
- Corona: Corona Christian Center Corona 1901 W. Ontario Avenue -- 92882 Sunday: 6:00 PM to 8:00 PM; Wednesday: 6:00 PM to 8:00 PM (951)734-5683
- Corona: Pure Land Foundation 2279 Eagle Glen Pkwy., #112-211 (909) 539-4166
- Corona: SDA Corona Spanish Church 3874 Byron Street -- 92879 Wednesday: 6:00 PM to 6:30 PM (951)734-0505
- Corona: St Edwards Catholic Church - Food Pantry 605 W. 5th Street -- 92882 (951)549-6000
- Hemet: Community Pantry Hemet 521 N. San Jacinto Avenue -- 92543 Monday: 9:00 AM to 11:30 AM; Tuesday: 9:00 AM to 11:30 AM; Wednesday: 9:00 AM to 11:30 AM; Thursday: 9:00 AM to 11:30 AM (951)929-1101
- Hemet: SDA Church Of Hemet 27025 Girard Street -- 92544 Tuesday: 9:00 AM to 12:00 PM (951)929-2632
- Hemet: Our Lady Of The Valley 1065 Saw Tooth Lane -- 92545 Tuesday: 8:30 AM to 10:30 AM; 4th Tuesday (951)765-9691
- Indio: Iglesia Evangelica Bethel 43907 Jackson Street -- 92201 Friday: 7:00 PM to 8:30 PM; 1st Friday of every month (760)899-4114
- Jurupa Valley: Manna Ministries - Vision Plus Church 4318 Pyrite Street -- 92509 Monday: 8:00 AM to 5:00 PM; Tuesday: 8:00 AM to 5:00 PM; Wednesday: 8:00 AM to 5:00 PM; Thursday: 8:00 AM to 5:00 PM; Friday: 8:00 AM to 5:00 PM; Saturday: 8:00 AM to 5:00 PM; (951)236-9477



- Lake Elsinore: Calvary Chapel Canyon Hills Food Pantry Lake Elsinore 29989 Canyon Hills Road # 1701 -- 92532 Thursday: 11:30 AM to 1:00 PM (951)244-5700
- Menifee Valley Community Cupboard Menifee 26808 Cherry Hills Boulevard -- 92586 Mondays-Fridays 10:00AM-2:00PM 951-301-4414
- Mira Loma: Jesucristo Es La Verdad 10281 54th Street -- 91752 Friday: 10:00 AM to 1:00 PM; 2nd and 4th Friday of each month. (951)773-0333
- Moreno Valley: Miniserio Casa De Fe Moreno Valley 14051 Indian Street -- 92553 Sunday: 10:00 AM to 1:00 PM; Monday: 6:30 PM to 10:00 PM; Thursday: 6:00 PM to 10:00 PM (951)488-0890
- Murrieta United Methodist Church 24652 Adams Avenue -- 92562 Friday: 8:30 AM to 10:30 PM (951)696-5115
- Norco: Saint Mel Catholic Church 4140 Corona Avenue -- 92860 Thursday: 10AM to 1 PM (909)737-7144
- Palm Desert: St. John's Lutheran Church 42695 Washington Street -- 92264 Tuesday: 8:30 AM to 9:30 AM fourth Tuesday (760)345-2122
- Palm Springs: Food Pantry Desert Chapel 630 South Sunrise Way -- 92264 3rd Saturday of each month in the gymnasium 7:00AM-8:00AM 760-327-2772
- Perris: Ministerio Juda 22872 San Jacinto Avenue -- 92570 Thursday: 1:00pm to 4:00pm; Every other Thursday from 1pm to 4 p.m. (951)238-4116
- Perris: Saint James Community Food Pantry 269 West 3rd Street -- 92570 Monday: 12:00 PM to 3:00 PM; Wednesday: 12:00 PM to 3:00 PM (951)943-2535
- Perris: SDA Perris Spanish Church 22905 Alviso Road -- 92570 Wednesday: 8:00 PM to 9:00 PM (951)943-4777
- Perris: Shepards Mission Of Gavilan Hills 16881 Rocky Glen Road -- 92570 Tuesday: 10:00 AM to 2:00 PM; Thursday: 10:00 AM to 2:00 PM; Friday: 10:00 AM to 2:00 PM (951)943-8673
- Riverside: Catholic Charities - Riverside 3020 Madison Street -- 92504 Tuesday: 9:00 AM to 11:00 AM (951) 689-1803
- Riverside: Iglesia Cristiana Restauracion Familiar 1718 North Orange Street Friday: 1:00 PM to 6:00 PM (909)332-0615
- Riverside: Mision Sinai De Rubidoux 3767 Pacific Ave. -- 92509 Sunday: 12:30 PM to 1:30 PM (951)341-0701
- Riverside: Sacred Heart Catholic Church 9935 Mission Blvd -- 92509 Tuesday: 8:00 AM to 10:00AM; First Tuesday (951)350-9641
- Riverside: Saint Vincent De Paul 6956 Nixon Street -- 92506 Hours are any time needed. Helpline: 951 684-7386 (951)288-4784
- Riverside: SDA Riverside Spanish Church 3625 Ottawa Ave -- 92507 Friday: 9AM to 11AM; 3rd Friday (951)316-9083



- Riverside: St. John The Evangelist Catholic Church 3980 Opal Street -- 92509 Saturday: 8:30 AM to 10:30AM (951)684-6864
- Riverside: La Sierra Baptist Church 10815 Gramercy Place -- 92505 Sunday: 5:00 PM to 7:00 PM; Tuesday: 12:00 PM to 3:00 PM; Wednesday: 6:00PM to 8:00 PM (951)688-7044
- Riverside: Our Lady Of Perpetual Help 5250 Central Avenue -- 92504 Monday: 9:00 AM to 11:30 AM; Tuesday: 9:00 AM to 11:30 AM; Wednesday: 9:00 AM to 11:30 AM; Thursday: 9:00 AM to 11:30 AM; Friday: 9:00 AM to 11:30 AM (951)684-4298
- Riverside: Queen Of Angels Catholic Church 4824 Jones Avenue -- 92505 Thursday: 9:00 AM to 10:30 AM (951)689-3674
- San Jacinto Assembly Hispanic Ministries 300 W. 1st Street -- 92583 Sunday: 12:00 PM to 1:00 PM; Wednesday: 10:00 AM to 12:00 PM (951) 654-0886
- San Jacinto: Pantry Ministerio Pentecostes Altar De Alabanza 769 San Jacinto Avenue -- 92583 Sunday: 10:00 AM to 5:00 PM; Wednesday: 9:30 AM to 5:00 PM (951)385-2534
- Temecula: St. Catherine Of Alexandria Parish Conference 41875 C Street -- 92592 Friday: 8:30 AM to 10:30 AM; Also do emergency food bags on-call (925)548-8691 P



San Bernardino County Food Resources:

- Adelanto: Adelanto Foursquare Church Adelanto 10931 Lawson Ave (760) 246-8445
- Adelanto: Another Level for Women. Food distribution for all. 11555 Cortez Ave., Adelanto CA 92301. Fridays, 2-4 p.m. (760) 636-9588.
www.anotherlevelforwomen.org
- Adelanto: Christ the Good Shepherd Catholic Church. Food distribution for all. 17900 Jonathan St. Adelanto, CA 92301. Mondays, 10 a.m. - Noon; 2nd and 4th Wednesday of the month, 10 a.m. - Noon (760) 912-9833
www.cgshepherd-adelanto.org
- Adelanto: Food Distribution Christ The Good Shepard Adelanto 17900 Jonathan Street -- 92301 Wednesday: 10:00 AM to 5:00 PM; 2nd & 4th Wednesday of each month. (760)246-7083
- Adelanto: Pantry High Desert Outreach Center 17537 Montezuma Street Friday 8:30AM-10:00AM 2nd and 4th Friday of the month (760) 953-7944
- Adelanto: Pantry Supreme Touch Ministries 11833 Bartlett Avenue -- 92301 Saturday: 9AM to 11AM (760) 680-0537
- Adelanto: Praise Chapel 11328 Bartlett Ave (760) 596-2839
- Adelanto: Upper Room Community Church 11555 Cortez Rd -- 92301 Sunday – Monday 9 AM to 3 PM (760)246-5066
- Apple Valley: Broken Hearts Ministry Apple Valley 13850 Namwaket (323) 723-2512
- Apple Valley: Calvary Chapel-Apple Valley Apple Valley 13601 Del Mar Rd. (760) 240-3633
- Apple Valley: Church of the Nazarene Apple Valley 12935 Central Rd (760) 247-8433 Church offers free meals, food, and financial help to the low income, homeless, and others who are struggling in the community.
- Apple Valley: First Assembly of God - Feed My Sheep. Food distribution for all. ID required. 21811 Ottawa Rd., Apple Valley, CA 92308. Fridays, 10 a.m. – Noon (760) 243-4343 www.vfassembly.org/feedmysheep.
- Apple Valley: First Assembly of God Feed My Sheep- Apple Valley 21811 Ottawa Road Friday: 10:00 AM to 12:00 PM (760)243-4343
- Apple Valley: Food Ministry The Church For Whosoever Apple Valley 18628 Seneca Rd -- 92307 Tuesdays-Thursdays 10:00AM-3:00PM 760-242-3191
- Apple Valley: Pantry First Baptist Church Of Apple Valley 22434 Nisqually Road. -- 92308 Sunday: 12:30 PM to 1:30 PM; Distribution 2nd & 4th Sunday of the month (760)247-5893
- Apple Valley: The Way of the Cross COGIC - Apple Valley 20601 Hwy 18, Suite 165 (760) 713-1867



- Apple Valley: Victor Valley Rescue Missions - Apple Valley Church of the Nazarene. Food distribution to Apple Valley and surrounding communities. Must have ID and proof of income or SNAP card. 12935 Central Rd. Apple Valley, CA 92308. 3rd Friday of the month, 10-11:30 a.m. (760) 247-8433 www.avnaz.org Food distribution while supplies last, first come first serve, provided as a drive through service. Verified 9/9/2020.
- Apple Valley: World Faith Vision Church Apple Valley 13600 Pawnee Road (760) 813-7177
- Apple Valley: Faith Ministries International Network of Churches INC. Apple Valley 16000 Kasota Rd (760) 240-3263
- Apple Valley: Redeemer Church. Food distribution to all. 22434 Nisqually Rd., 92308. Call to schedule a pick-up. (760) 247-5891 www.redeemerhd.com When COVID restrictions end, 2nd and 4th Sunday of the month, 11 a.m.-1 p.m.
- Barstow: Barstow Free Methodist Church Barstow 800 Yucca Avenue -- 92311 Pantry Desert Sanctuary Food distribution to all. Thursdays, 10 a.m. – Noon. (760) 256-3557 - Church; (760) 256-3556
- Barstow: Connection Community Church Food distribution to all. 850 E. Main St., Barstow CA 92311. Tues.-Thurs., 10 a.m.-3p.m. (760) 957-7945 www.facebook.com/pages/category/Religious-Organization/The-Connection-Community-Church-140042459371728. Offers bread and may occasionally have food.
- Barstow: David A. Norman Ministries. Food distribution to all. 1375 Bishop Nathaniel Jones Jr. Wy., Barstow CA 92311. 2nd Saturday of the month, 9-11 a.m. (760) 979-2058 www.danministries.org
- Barstow: Desert Manna. Food distribution to homeless, Low-income. 2410 Armory Rd., Barstow CA 92311. Emergency Food Distribution Saturdays, 9 a.m.-12:30 p.m., ID Required, available every 45 days per household; USDA Food Distribution, 3rd Thursday of month, 9 a.m.-2:30 p.m., no ID required (760) 256-7797 www.desertmanna.com
- Barstow: The Salvation Army Barstow Community Outreach Office 109 N. 7th Avenue -- 92311 Monday- Thursday 9 AM to 12 PM (760)957-7945
- Barstow: New Life Fellowship. Food distribution to all. 134 W. Main St., Barstow, CA 92311. Sundays, 5 p.m. take out dinner (760) 256-6076 www.facebook.com/New-Life-Fellowship-Barstow-Foursquare-Church-152402964806800 Emergency food assistance: food box or bag will be made for the individual to pick or be delivered.
- Barstow: Pantry Desert Mana Ministries 209 North First Avenue, Suite B -- 92311 Sunday: 9 AM to 5 PM; Monday – Thursday 9 AM to 3:30 PM; Friday: 11 AM to 1 PM; Saturday: 9:00 AM to 12:30 PM; (760)256-7797



- Barstow: Mission Field Ministries 316 N. Second Street 92311 Weds, 5-7 p.m. (except 1st Wednesday of the month) (760) 252-5409 www.barstowmfm.com
Bags of food may be available.
- Barstow: Pantry New Life Fellowship 134 W. Main Street -- 92311 Thursday: 11:00 AM to 1:00 PM (760)256-6076
- Beaumont: Crossroad Ministries Int'L Dba New Creation Church Beaumont 1252 Beaumont Avenue -- 92223 Wednesday: 10:00 AM to 2:00 PM; Saturday: 1:30 PM to 3:00 PM; Distribution: Every Thursday and 3rd Saturday of the month. (951)922-2471
- Beaumont: Pantry Cure Hunger Now 1491 E. 6th St -- 92223 Monday - Sunday: 9 AM to 5 Alternate time : Saturday: 9:00 AM to 2:00 PM; 4th Saturday of the month (951)769-8700
- Big Bear: Family Service Agency. Food distribution from Crestline to Big Bear. 23406 Crest Forest Dr.,Crestline CA 92325 4th Monday of the month, 10 a.m.-2 p.m. (909) 338-4689 www.fsasb.org/crestline
- Big Bear: Saint Joseph's Catholic Church. Food pantry for all. 42242 N. Shore Dr., Big Bear Lake, CA 92314. Tuesdays, 9-11 a.m. (909) 866-3030
www.saintjosephbb.wordpress.com
- Big River. Bonny Baker Senior Center. Grab and Go Meals for seniors 60 and above. 149350 Ukiah Trl.. Big River, CA 92242. Mon.-Fri. 10:30 a.m. (except all recognized holidays). Call at 9 a.m. to reserve lunch. (760) 665-2667
- Bloomington Pentecostal Church. Food distribution to Bloomington and Rialto Residents. 9999 Linden Ave., Bloomington, CA 92316. 3rd Friday of the month, 3:30-5:30 p.m. (909) 900-6011.
- Bloomington: Bloomington Neighborhood Center Bloomington 18400 Jurupa Street. Innovative Home Care Family Bloomington 565 S. Church Ave.
- Bloomington: Free Groceries Program Vida Life Ministries 11608 Cedar Ave -- 92316 Saturdays 8:00AM-11:00AM 323-823-4762
- Bloomington: House of Hope 10034 Cedar Ave. (909) 877-0707
- Bloomington: Love, Peace And Happiness Church Bloomington 1377 South Lilac Avenue Suite - 114 -- 92316 Sunday: 9:30 AM to 12:00 PM; Thursday: 9:30 AM to 12:00 PM; Friday: 9:30 AM to 12:00 PM; Saturday: 9:30 AM to 12:00 PM (909)829-7900
- Bloomington: The Olive Branch Development and Empowerment Services, Inc. Food distribution to all. 18400 Jurupa Ave. Bloomington, CA 92316. Food Pantry: Mondays 4-5:30 p.m. (\$3 donation requested, not required) (909) 572-4348 www.olivebranchie.org Clothing closet: Thursdays, 5:30-7:30 p.m.
- Bloomington: Lifetime Ministries of Bloomington 9904 Bloomington Avenue Saturday: 7:00 AM to 8:30 AM; Distribution 3rd Saturday of each Month. (909)877-0769



- Blue Jay: Mountain Food Pantry. Food distribution to Mountain residents only. 27236 Hwy. 189, Blue Jay, CA 92317. Fridays, 3-5 p.m. Behind Blue Jay Mall; Email: mountainfoodpantry@gmail.com
- Chino: 360 Community Thrift. Food pantry for all. 12915 Central Ave. Chino CA, 91710. Tue.-Sat. Please call ahead (909) 627-7325.
www.360communitythrift.com Limited to one visit per week
- Chino: Chino Center. Food distribution for all. ID required, income verification, proof of address. 5581 Daniels St., Unit F, Chino CA 91710 3rd Saturday of the month, 10 a.m. - Noon (909) 622-3806 www.inlandvalleyhopepartners.org
- Chino: Chino Neighborhood House. Food pantry for existing and new clients that reside within Chino Unified School District boundaries. See additional information. 13130 6th St., Chino, CA 91710. Mondays, Wednesdays & Saturdays, 9 a.m.-1 p.m. (909) 628-5608. Must register online or in person. Clients must qualify for the County of San Bernardino very low to moderate income standards and must reside within the Chino Valley Unified School District boundaries. www.chinoneighborhoodhouse.com
- Chino: God's Pantry of Chino. Food distribution to all. 5472 Park Pl., Chino, CA 91710. Call for appointment. (909) 766-8038. www.gods-pantry.org Drive-thru distribution by appointment. Complete appointment request online.
- Chino: Isaiah's Rock . Food distribution for all. 13023 7th St., Chino, CA91710. Wed and Fridays, 8 a.m.-2 p.m. (909) 628-0966 www.isaiahsrock.org
- Claremont: Inland Valley Hope Partners 660 N. Mountain Ave -- 91711 Tuesday and Thursday 12:30 to 4:30 (909) 622-3806
- Colton: Church of Christ Apostolic Faith Outreach Ministries Colton 1455 North Rialto Avenue (909) 783-0206
- Colton: Colton Christian Church. Food distribution to Colton residents. 905 E. Olive St., Colton, CA 92324. 3rd Saturday of the month, 10 a.m. (909) 825-0515
- Colton: Colton Community Church Colton 1301 N. Rancho Avenue -- 92324 Sunday: 12:00 PM to 1:00 PM; Monday: 5:00 PM to 6:30 PM; Last Monday of every month. Open 7 days a week for emergency walk-ins. (909)825-0381
- Colton: Family & Kids Foundation Colton 115 W. La Cadena Dr. (951) 733-3498
- Colton: Hutton Community Center. Food distribution for older Adults 50 and above 660 Colton Ave., Colton, CA 92324. 4th Thursday of the month, 8:30-11:30 a.m. (909) 370-6168 kphelps@coltonca.gov
- Colton: Immaculate Conception. Food distribution for Colton Residents. 1106 La Cadena Dr. Colton, CA 92324. Tuesdays, 10 a.m.-1 p.m. 2nd Thursday of the month (909) 825-5110 www.facebook.com/icc.colton
- Colton: Peter Luque Community Center. Food distribution, commodities to Colton and Grand Terrace residents and homeless. 292 E. O St. Colton, CA 92324. 4th Thursday of the month, 8:30-10:30 a.m. and 2nd Thursday of the



month, 5-7 p.m.; Call for emergency services (909) 370-5087

www.ci.colton.ca.us/278/Luque-Center

- Colton: Vineyard Christian Fellowship. Food distribution for Colton residents. 785 Colton Ave. Colton, CA 92324. Last Sunday of the month, 1:30-4 p.m. (909) 824-5753 www.coltonvineyard.com
- Crestline: Hearts & Lives Food distribution. 24028 Lake Dr. Crestline, CA 92325. Please call ahead. (909) 338-3222 (English); (909) 744-9722 (Spanish) www.heartsandlives.org Call on Fridays for information regarding food vouchers. Instructions given on Facebook page.
- Crestline: San Moritz Lodge. Drive-thru meals for seniors 65 and over. 24640 San Moritz Dr. Crestline CA 92325. Tuesdays, Thursdays and Fridays, Noon - 1 p.m. (909) 338-3073
- Crestline: St. Francis Xavier Cabrini Church. Food distribution for all. 23079 Crest Forest Dr. Crestline CA 92325. Tuesdays and Thursdays, 11 a.m.-1 p.m. Wednesdays, 5-7 p.m. (909) 338-2303 www.stfxc.org
- Fontana Foursquare Church (H.H.) Food distribution for all. 16725 Valencia Ave., Fontana CA 92335 Tuesdays and Thursdays, 9:45 a.m. until supplies run out (909) 823-4404 www.livingwayfontana.org
- Fontana: Arca de Refugio Church Fontana 16134 Arrow Blvd. Saturday: 10:00 AM to 3:00 PM; Every Sat 10 am-3pm. (909)900-6965
- Fontana: Caritas San Vicente Fontana 16565 Orange Way, Suite D Thursday: 12:00 PM to 4:00 PM (909)489-1795
- Fontana: Carpenter's House Fontana 13489 Arrow Rte 909-355-3168
- Fontana: Fontana Christian Center 14796 Arrow Route (909) 600-7273
- Fontana: Fontana First Assembly of God. Food distribution for San Bernardino County Residents. 16580 San Bernardino Ave. Fontana, CA 92335 Wednesdays, 7-7:45 p.m. (909) 829-1911 www.fontanafirstassembly.org 65 bags of food given out (meat, vegetables, bread, & shelf steady foods) drive to back parking lot
- Fontana: God's Pantry of Fontana. Food distribution for Fontana residents. 8425 Mango Blvd. Fontana, CA 92335 Call for appointment. (909) 766-8038 www.Gods-pantry.org
- Fontana: Hero Support Force 15218 Summit Ave #300 (909) 633-6015
- Fontana: Living Way Ministries. Food distribution for Fontana residents - ID required. 16725 Valencia Ave., Fontana CA 92335. Tuesdays, 8:30-11 a.m.; Soup Kitchen: Thursdays, 10 a.m. - Noon (909) 823-4404 www.livingwayfontana.org
- Fontana: Loveland Church. Food distribution for Fontana residents. 17977 Merrill Ave. Fontana, CA 92335. Fridays, 10:30 a.m.-1:30 p.m. (909) 356-5683 www.lovelandchurch.org



- Fontana: Mission Cristiana La Hermosa 16779 Arrow Blvd. (909) 823-4367
- Fontana: Reaching the Unreachable. Food distribution for Fontana residents. 7950 Cherry Ave., Unit 111 Fontana, CA 92336. Times vary. Please call ahead. (951) 313-3792
- Fontana: SDA Fontana Spanish Church 15514 Slover Avenue Wednesday: 6:45 PM to 7:30 PM (909)957-8343
- Fontana: St. George Catholic Church (Helping Hands) 17895 San Bernardino Ave. (909) 877-1531
- Fontana: The Give - Water of Life Church. Food distribution for San Bernardino County residents. 16815 Spring St., Fontana CA 92335 Thursdays, 9:30 a.m.-2 p.m. Home delivery is possible in certain circumstances. (909) 803-1059 www.wateroflifecc.org
- Grand Terrace: Azure Hills Church Grand Terrace 22633 Barton Road (909) 825-7054
- Hesperia: First Assembly of God - Feed My Sheep. Food distribution for all. ID required. 11616 Hesperia Rd., Hesperia CA 92345 Wednesdays, 10 a.m. - Noon (760) 243-4343 www.vfassembly.org/feedmysheep
- Hesperia: High Desert Bilingual Church SDA 9875 7th Avenue -- 92345 Wednesday: 7:00 P.M. to 8:30 P.M.; Saturday: 5:00 P.M. to 8:30 P.M. (760)247-6481
- Hesperia: High Desert Second Chance. Need proof of address for all San Bernardino County residents. 16666 Smoke Tree St., Bldg. B4 Hesperia, CA 92345. Mon.-Thurs. 10 a.m.-3 p.m.; Saturdays, 9 a.m. - Noon (442) 267-4444 www.facebook.com/HighDesertSecondChanceOrganization/
- Hesperia: Holy Family Catholic Church 9974 I Ave. (760) 244-9180
- Hesperia: Ministerio Fuego Apostolico 16978 Smoke Tree St (760) 265-4591
- Hesperia: Spirit Filled Family Church - Bags of Food Ministry Food distribution for all. 9980 Hesperia Rd., CA 92345 Saturdays, 9 a.m. until supplies depleted (760) 956-2501 www.spiritfilledhd.org Food delivery available for Rolling Start participants
- Highland: Immanuel Baptist Church 28355 Baseline Road Tuesday: 1:15 PM to 2:30 PM (909)425-1777
- Highland: Rios de Vida. Food distribution for all. 7709 Victoria Ave.92346. 2nd Wednesday of the month, 10 a.m. – Noon (909) 559-7032 www.iglesiariosdevida.wordpress.com
- Highland: Saint Adelaide Catholic Church 27457 E. Baseline Street -- 92346 Thursday: 9:00 AM to 11:00 AM (909)862-8669
- Highland: The Salvation Army – Highland. Food pantry for San Bernardino County residents. 2626 Pacific St. Highland CA 92346 Thursdays, 9 a.m.-1 p.m.(909) 888-1336



- Joshua Tree: Copper Mountain Mesa Community Foundation Joshua Tree 65336 Winter Rd (760) 362-5212
- Joshua Tree: Joshua Tree Community Center. Food distribution for older adults 60 and above and signed-up through FSA (951) 342-3057 6171 Sunburst Ave., Joshua Tree CA 92252 Wednesdays, 11 a.m.-1 p.m. (760) 366-2471 Drive-thru senior meal distribution. One meal packet per customer per week will be issued. Customers must be at least 60 years of age and signed up through FSA (951) 342-3057
- Joshua Tree: The Way Station Food distribution. Food for all. 61722 Commercial St., Joshua Tree, CA 92252. Drive-thru distribution: Tues.-Fri., 9:30-10 a.m. USDA food distribution: 2nd Friday of the month (760) 366-8088 Soup Kitchen is still open and serving hot meals along with a food box. www.hidesertwaystation.com
- Loma Linda: St. Joseph the Worker Catholic Church 10816 Mountain View Ave (909) 796-2605
- Lucerne Valley: St. Paul's Catholic Church 8973 Mesa Rd (760) 248-7410
- Montclair: Hope through Housing. Food pantry for low-income. Must be eligible for low-income housing. 10410 Pradera Ave., Montclair CA 91730 Please call ahead (909) 483-2444 www.hthf.org Call and ask for Dixie
- Muscoy: PAL Center (PCA) - Muscoy Campus. Food distribution for all. 2450 Blake St., Muscoy, CA 92407. Tuesdays, 2-3 p.m.; USDA Commodities Distribution: 1st Tuesday fo the month, 1-3 p.m. (909) 887-7002 www.PALCharterAcademy.com
- Ontario: 3 P'S Christian Ministries, Inc. Food distribution for all. 2802 S. Milliken Ave., Ste. A, Ontario CA 91761. 3rd Wednesday of the month, 9 a.m. (909) 917-2551 www.3psministries.org Provide name. Drive-thru pantry, items will be placed in trunk.
- Ontario: Bags of Hope - Unidos Por La Musica. Food distribution for families with children. 1155 S. Milliken Ave., Ste. G Ontario, CA 91761. Mon.-Fri., 8 a.m.-5 p.m. (909) 391-3999 www.uplmonprofit.org/unidos-por-la-musica-and-its-bags-of-hope-program Ontario Community Resource Center
- Ontario: Our Lady of Guadalupe Church 710 S, Sultana Avenue (909) 986-6154
- Ontario: Red Chapel Pantry 1045 N. Cucamonga Avenue -- 91764 Tuesday: 9:00 AM to 11:00 AM; Saturday: 9:00 AM to 11:00 AM (909)276-4630
- Ontario: Redeemer Lutheran Church. Food distribution for all. 920 W. 6th St., Ontario CA 91762. Saturdays, 8-10 a.m. (909) 986-2615 www.redeemer4me.com
- Ontario: SDA Ontario Spanish Church 316 West B Street -- 91762 Saturday: 3:00 PM to 4:00 PM; First and Third Saturday of each Month. (951)688-4538
- Ontario: Sova Program Center - Inland Valley Hope Partners. Food distribution for Ontario, Upland, Chino, Chino Hills and Rancho Cucamonga residents ID



required, income verification, proof of address. 904 E. California St. Ontario, CA91761. Monday-Thursday, 9 a.m.-3 p.m. (909) 622-3806 Ext. 200

www.inlandvalleyhopepartners.org

- Ontario: Touched Ones United Creating Hope (T.O.U.C.H. Ministries). Food distribution for all. 219 W. Belmont St., Ontario, CA 91761. Mondays, Wednesdays and Fridays, 9:30-11 a.m. (909) 682-5474. Email: csanaya1@icloud.com
- Ontario: Unidos Por La Musica USDA 1155 S Milliken Ave. Suite G (909) 381-4477
- Ontario: The Salvation Army – Ontario. Food distribution for all. 1412 S. Euclid Ave. Ontario, CA 91762. Mon.-Fri. by appointment only. (909) 986-6748 www.ontarioca.salvationarmy.org/ontario_corps
- Rancho Cucamonga: Abundant Living Outreach Center Rancho Cucamonga 9269 Utica Avenue #125 -- 91730 Tuesday: 4:00 PM to 7:00 PM; Thursday: 4:00 PM to 7:00 PM; Saturday: 10:00 AM to 1:00 PM (909)987-7110
- Rancho Cucamonga: First Baptist Church of Rancho Cucamonga. Food pantry for all. ID required. 7450 Archibald Ave., , CA 91730. 1st and 3rd Saturday of the month, 7-9 a.m. (or until food runs out) (909) 987-3676. www.fbcfamily.net
- Rancho Cucamonga: Lifeway Church Ministries. Food distribution for all ID required. 7477 Vineyard Ave., Rancho Cucamonga CA 91730. 1st Saturday of the month, 8 a.m.-1 p.m.(909) 948-5557 www.lifewaychurch.org Trunk delivery service
- Rancho Cucamonga: The Neighborhood Food Pantry 8357 Rochester Avenue -- 91739 Sunday: 2:30 PM to 4:30 PM; Third Sunday of the month (909)646-8860
- Redlands: Family Service Association of Redlands. Food distribution for San Bernardino County residents. Must register the Friday prior to distribution: www.rfsfoodbox.eventbrite.com ID required. 612 Lawton St. Redlands, CA 92374. Tuesdays, register www.rfsfoodbox.eventbrite.com (909) 793-2673. www.redlandsfamilyservice.org Food distribution recipients may register for the entire month.
- Redlands: Salvation Army Redlands Corps 838 Alta Street -- 92374 Mondays-Fridays 8AM-5PM 909-792-8818
- Redlands: Joseph's Store House 760 E. Stuart Avenue Monday: 9:00 AM to 4:00 PM; Tuesday: 9:00 AM to 4:00 PM; Wednesday: 9:00 AM to 4:00 PM; Thursday: 9:00 AM to 4:00 PM; Friday: 9:00 AM to 1:00 PM (909)793-5677
- Rialto United Methodist. Food distribution for San Bernardino County residents. 1230 N. Lilac Ave., Rialto, CA 92376. Tuesdays and Thursdays, 9 a.m.-2 p.m.
- Rialto: Cristo La Roca Ministries Rialto 190 N. Arrowhead Avenue # D -- 92376 Sunday: 12:00 PM to 2:00 PM; Oncall emergency boxes (909)874-6335



- Rialto: His Way Spirit Led Assemblies 142 West Baseline Road Mondays-Friday, 8:00am - 5:00pm 909-421-2585
- Rialto: Loveland Jubilee. Food Pantry for San Bernardino County residents. 790 E. Foothill Blvd., Rialto, CA 92376. Fridays, 10:30 a.m.-2 p.m. (Closed the 5th Friday of month) (909) 873-2710 www.lovelandchurch.org
- Rialto: Spanish Victory Outreach 874 Meridian Ave (909) 884-1921
- Rialto: St. Vincent De Paul Blessed John XXIII Parish 222 E. Easton Street -- 92376 24 hour help line: (951) 328-3112
- Rialto: Templo Bautista Montecalvario 311 S. Sycamore Ave (909) 820-4630
- Rialto:: Sunrise Church. Food distribution for Rialto residents. 690 W. Etiwanda Ave. Rialto, CA 92377. Mon.-Fri., 9 a.m.-4 p.m. (909) 875-5566. Please email need@sunrisechurch.org
- Rimforest: Operation Provider. Food distribution for all. 26525 Pine Ave., 92378. Tuesdays and Thursdays, Noon - 2 p.m. (909) 337-8585 www.operationprovider.org Office open from 9 a.m.-2 p.m. on Tuesdays and Thursdays
- Running Springs: St Anne in the Mountains 30480 Fredalba Road Thursday: 5:00 PM to 7:30 PM (909)862-2832
- San Bernardino. Bags of Hope Unidos Por La Musica San Bernardino 1261 North E Street - -92405 Mondays to Fridays 8:00AM-5:00PM 909-391-3999
- San Bernardino: Akoma Unity Center. Food distribution for all. 1367 N. California St., San Bernardino, CA 92411. (909) 289-1227 www.akomaunitycenter.org
- San Bernardino: Bags of Hope - Unidos Por La Musica. Food distribution for families with children. 1261 N. E St., San Bernardino, CA 92405. 2nd Tuesday of the month, 11 a.m.-2 p.m. (909) 381-4477 www.uplmnonprofit.org/unidos-por-la-musica-and-its-bags-of-hope-program USDA food distribution- San Bernardino Resource Center
- San Bernardino: Central City Lutheran Mission. Food distribution for all. 1354 N. G St., San Bernardino, CA 92405. 2nd & 3rd Friday of the month, 8 a.m. - Noon (909) 381-6921 www.lsssc.org
- San Bernardino City Mission. Food delivery for seniors, shut-ins, low income, recently unemployed, homeless City Mission program application with a picture ID, proof of income and proof of rent. 26200 Date St. San Bernardino, CA 92346. Due to COVID, please call for current information. (909) 649-0011 www.sanbernardinocitymission.org Family Food Boxes are delivered to the homes once a month - call for Bags of Hope locations. Clothing, hygiene and household items available. If you require an application one will be mailed/emailed directly to you.



- San Bernardino: Community Action Partnership of San Bernardino County (CAPSBC). Food Bank for all. 696 S. Tippecanoe Ave., San Bernardino CA 92408 Monday-Friday, 8 a.m.-4:30 p.m. (909) 723-1561 www.capsbc.org
- San Bernardino: Ecclesia Christian Fellowship. Food distribution for all. 1314 Date St., San Bernardino, CA 92404. 1st Wednesday of the month, 1-3 p.m.; 2nd, 3rd & 4th Wed of the month, 3-5 p.m. (909) 881-5551 www.ecclesiachurch.com
- San Bernardino: Emergency Food Boxes Iglesia Cristiana Misionera Supremo Llamamiento San Bernardino 2050 North Mount Vernon Avenue -- 92411 Mondays 9:00AM-11:00AM 909-634-0931
- San Bernardino: First Presbyterian Church of San Bernardino. Food pantry for all. 1900 N. D St. San Bernardino, CA 92405. Tuesdays and Thursdays, 9-11 a.m.; 3rd Saturday of the month, 9-11 a.m. (909) 882-3308 www.fpcsb.net Hygiene kits and non-cooking bags also available on Tuesday/Thursday.
- San Bernardino: Grace Chapel/Operation Grace. Food distribution for all. 1595 E. Art Townsend Dr., San Bernardino CA 92408. 4th Tuesday of the month, 9 a.m. - Noon. (909) 382-8540 www.operationgrace.com
- San Bernardino: Helping Hands Pantry. Food distribution for all. 1455 E. 3rd St. San Bernardino, CA 92408. Mon.-Fri., 7 a.m. - Noon. 909-796-4222 www.helpinghandspantry.org
- San Bernardino: Home of Neighborly Service. Food distribution for all. 839 N. Mt. Vernon Ave. 92411. Fridays, 10 a.m.(909) 885-3491. Arrive 1 hour early to line up, food distribution begins at 10 a.m. and ends once supplies are depleted
- San Bernardino: Iglesia Cristiana Supremo LLmto (Eagle's Nest Community Service) 1104 W. 8th Street (909) 278-0199
- San Bernardino: Mary's Mercy Center. Grab and Go Meals for all. 641 Roberds Ave., San Bernardino, CA 92411. Mon-Thurs. and Sat-Sun., 11:30 a.m.-1:30 p.m. (except 1st Sunday of the month); Emergency Food Bags: Wednesdays, 1:30-3 p.m. (Except 1st Wednesday of the month) (909) 889-2558 www.marysmercy-center.org/MARYS-MERCY-CENTER-INC.html Contact for verification of days and meals as they may change week to week. Showers and Clothing Closet also available.
- San Bernardino: Our Lady of Hope Catholic Church - Del Rosa Ave. Food distribution, commodities for 92404 residents USDA Guidelines based on income and household size. 6885 Del Rosa Ave., San Bernardino CA 92404. 3rd Friday of the month, 11 a.m.-2 p.m. (909) 884-6375 www.ourladyofhopesb.org
- San Bernardino: Our Lady of Hope Catholic Church - N. Valencia Ave. Food distribution for all. 1000 N. Valencia Ave., San Bernardino, CA 92410. Mondays, 12 - 1 p.m.(909) 884-6375 www.ourladyofhopesb.org



- San Bernardino: Our Lady of Rosary Cathedral 265 W. 25th Street (909) 883-8991
- San Bernardino: Our Lady of the Assumption. Food distribution for all. 796 W. 48th St., CA 92407. 2nd, 3rd and 4th Tuesday of the month, 10-11 a.m. (fresh produce provided on 4th Tuesdays) (909) 882-2931 www.olasanbernardino.org
- San Bernardino: Project Fighting Chance. "Sack- Suppers" delivered to home for children and youth; City of San Bernardino City residents only 18 and under, parent/guardian contact needed. 1263 Union St., San Bernardino, CA 92411 Mon.-Fri., 3-5 p.m.(909) 509-9593 www.projectfightingchance.org
- San Bernardino: Rise of a Fallen Angel. Food distribution for all. 1525 N. D St., Ste. 5, 92408 Mondays, Wednesdays and Fridays, 10 a.m.-3 p.m (909) 763-2471; (909) 571-5600 www.riseofafallenangel.vpweb.com
- San Bernardino: SAC Health System. Food distribution for all. 250 G. St. San Bernardino, CA 92410. Mon.-Thurs., 8 a.m.-5:30 p.m. (909) 771-2891 One-time emergency food bag after completion of intake form and assessment
- San Bernardino: Set Free Church. Food distribution. 473 W. Baseline, San Bernardino, CA 92410. Fridays (909) 383-2323
- San Bernardino: St. Anthony's Church San Bernardino 1640 Western Avenue (909) 887-3810
- San Bernardino: St. Paul's United Methodist Church. Food distribution 785 N. Arrowhead Ave. San Bernardino, CA 92401 3rd Wednesday of the month, 10 a.m. - Noon (909) 515-5770 www.spumcsb.org
- San Bernardino: Telacu Sierra Vista. Food distribution for seniors. ID and Proof of Address. 650 W. 6th St., 92410 2nd Wednesday of the month, 1:30 p.m. until supplies run out (909) 884-9490
- San Bernardino: The Rock Church. Food distribution for all. 2345 S. Waterman Ave., San Bernardino, CA 92408. Tuesdays & Thursdays, 8 -10 a.m. (909) 825-8887 Ext. 276 www.rockchurch.com Bring own bags and ID
- San Bernardino: The Way World Outreach. Food distribution for all. 1001 N. Arrowhead Ave., 92410. Mon.-Sat., 11:30 a.m.-3:00 p.m.; Sundays, 1:30 p.m.(909) 884-7117 www.thewayworldoutreach.org
- San Bernardino: Trinity Christian Fellowship Church. Food distribution, Soup kitchen for all. 8158 Tippecanoe Ave., San Bernardino, CA 92410. Food distribution: Wednesdays, 5 p.m.; Soup kitchen: Mon.-Thurs., 11:30 - 2 p.m.(951) 347-8997 Email: trinityzion@aol.com
- San Bernardino: Vida Life Ministries. Food distribution San Bernardino county residents ID required. Must fill out application online and receive QR code. 11608 Cedar Ave. Bloomington, CA 92316. 3rd Saturday of the month, 9-11 a.m.; USDA food distribution: 1st, 2nd and 4th Saturday of the month, 8-11 a.m.; Low income families come and shop for food at a lower rate Mon.-Fri. (323) 823-4762 www.vidalifeministries.org Drive thru food distribution.



- San Bernardino: Living Waters Community Church 1192 E. Davidson Street -- 92423 Sunday: 4:00 PM to 7:00PM (909)796-0695
- San Bernardino: St. John's Episcopal Church. Food distribution for all. ID or mail with name on it. 1407 N. Arrowhead Ave. 92405 Wednesdays, 9-11 a.m. (No distribution on the 2nd Wednesday of the month) (909) 889-1195
www.stjohnsweb.org
- Trona Senior Center. Food distribution for all. See additional information 13187 Jones St., Trona, CA 93562. Mon.-Thurs., 9-11 a.m.; USDA Food Distribution: 3rd Friday of the month, 8.30 -10.30 a.m. (760) 372-5889. No eligibility criteria for Mon.-Thurs. food distribution; Income verification for USDA food distribution
- Twentynine Palms Food Distribution. Food distribution for all. 6450 Stardune Ave., Twentynine Palms, CA 92277. 3rd Tuesday of the month, 10 a.m. - Noon. (760) 361-3663
- Upland Center. Food distribution for Upland residents ID required, income verification, proof of address. 814 Alpine St., Upland CA 91786 3rd Wednesday of the month, 5:30-7:30 p.m. (909) 622-3806 www.inlandvalleyhopepartners.org
- Upland Community SDA Church. Food pantry for all. 205 S. Campus Ave. Upland, CA 91786. Sundays, Noon - 2 p.m. (909) 556-5030
<https://uplandcommunityca.adventistchurch.org/> Drive through pantry pick up
- Upland: Foothill Family Shelter. Food pantry for Upland, Pomona, Montclair, Claremont, Ontario and Rancho Cucamonga residents. Proof of residency in service areas such as Driver's License, ID card, or any of the following with a picture ID: utility bill, school record, change/notice of action from the county, unemployment records. Please call to confirm if you are uncertain. 1501 W. 9th St., Ste. D, Upland, CA 91786. Tuesday-Friday, 9 a.m.-5 p.m. (closed Noon - 1 p.m.) (909) 920-0453 www.foothillfamilyshelter.org Diapers/wipes and clothing closet also available upon request. FFS also has specified food bags for those experiencing homelessness which include travel size hygiene items, socks, pop-top canned goods, etc.
- Upland: George Gibson Senior Center. Food distribution for seniors 60 and above. Must fill out initial application, \$10 donation requested but not required. 250 N. 3rd St., Upland, CA 91786. Wednesdays, 10 a.m. - Noon (909) 981-4501 www.uplandca.gov/gibson-senior-center-services
- Upland: Kid Care International. Food pantry for San Bernardino and Riverside County residents. 1200 N. Campus Ave. Upland, CA 91786 Saturdays, 9:30-11:15 a.m. (909) 227-5037 www.kidcare.org Drive-thru and walk-up services
- Upland: Sierra Vista Community Church 1589 W. 9th Street - Suite A -- 91786 Friday: 1:30 PM to 4:00 PM; 1st Friday (909)946-7822



- Victorville: Burning Bush Baptist Church. Food distribution for all. ID required. 14849 7th St. Victorville, CA 92395. Wednesdays, 11:30 a.m.-1:30 p.m. (760) 241-6221 <https://www.bushpower.org/>
- Victorville: First Assembly of God - Feed My Sheep. Food distribution for all. ID required. 15260 Nisqually Rd., Victorville, CA 92395 Mondays, 10 a.m. - Noon (760) 243-4343 www.vfassembly.org/feedmysheep
- Victorville: First Assembly of God Feed My Sheep 15260 Nisqually Rd. Mondays 10:00AM-12:00PM 760-243-4343
- Victorville: Greater Impact Christian Church. Food distribution for all. 17746 George Blvd., Victorville, CA 92394. Tuesdays, 11 a.m. - Noon. (760) 246-4100 www.greaterimpact.cc Two bags of food
- Victorville: Holy Innocents Catholic Church 13230 El Evado Road (760) 955-6010
- Victorville: SDA Victorville Church. Food distribution for all. 16070 Lorene Dr., Victorville CA 92395. Thursdays, 9-11 a.m. (760) 245-3620 Drive-thru food distribution www.greentreadventist.com
- Victorville: The Gate Church. Food distribution for all. 11783 Amethyst Rd., Victorville, CA 92392. Mondays, 9 a.m. - Noon (760) 949-8979 www.thegatehd.com
- Victorville: The Lord's Table. Food distribution, Grab and Go Meals for all. 15512 6th St., 92395. Grab and Go Lunch: Mon.-Fri., 11 a.m. - Noon; Food boxes: 3rd Friday of the month 7:30 -10:30 a.m. (760) 245-7674
- Victorville: The Salvation Army – Victorville. Food distribution for all. ID required, income verification, proof of address. 14585 La Paz Dr. Victorville 92395 Tues.-Fri., 9-11:45 a.m. (760) 245-2545 www.victorvalley.salvationarmy.org Sack lunches/food pantry
- Wrightwood: Our Lady Of The Snows Catholic Church 975 Lark Rd. (760) 868-4342
- Yucaipa: Faith Lutheran Church. Food pantry for all. 12449 California St., Yucaipa, CA 92399. 2nd and 4th Saturday of the month, 9-10:30 a.m. (909) 790-1816 www.faithlutheranyucaipa.org
- Yucaipa: St. Francis Xavier Cabrini Church 12687 California Street (909) 338-2303
- Yucaipa: St. Francis X. Cabrini Church. Food distribution for all. 12687 California St., Yucaipa, CA 92399. Tuesdays and Thursdays, 11 a.m.-1 p.m., Wednesdays, 5-7 p.m. (909) 797-2533 www.stfrancesxcabrinichurch.org
- Yucca Valley: Good Shepherd Lutheran Church. Food distribution for all. 59077 Yucca Trl. Yucca Valley, CA 92284 3rd Monday of the month, 8:30-10:30 a.m. (760) 365-2548 www.facebook.com/pages/Good-Shepherd-Lutheran-Church-LCMS/118464841502634 Drive-thru food distribution



FREE Legal Resources (Riverside & San Bernardino Counties)

Catholic Charities of San Bernardino & Riverside Counties

1450 N D Street

San Bernardino, CA 92405

(909) 388-1239, ext. 304

www.ccsbriv.org

Services Provided: Application Assistance – Naturalization, Other Immigration Remedies

Community Access Center

6848 Magnolia Ave. Suite 150, Riverside, CA 92506

Riverside (951) 274-0358

Perris/Menifee (951) 263-0708

Palm Desert (760) 568-9319

Desert Hot Springs (760) 288-2854

<https://ilcac.org/>

Can provide free IEP and other advocacy services to residents of Riverside County.

Fiesta Educativa

2310 Pasadena Ave., Suite #204,

Los Angeles, CA 90031

(323) 221-6696

info@fiestaeducativa.org

IEP Help. One on one meeting, to get parents started in the right track. This is mainly focused for parents that have recently diagnosed their children or if you need more information regarding your child's Individualized Education Program or Individual Program Planning. Fiesta Educativa, we understand that there are questions that cannot wait for an event to be answered. For this reason, we have trained and experienced people to help you get answer to your questions. We are a call away. This service is available with no cost to you.

Team of Advocates for Special Kids (TASK)

4164 Brockton Ave. Riverside, CA 92501

www.taskca.org

Phone: (951) 328-1200

Conducts numerous Spanish/English Workshops FREE for Riverside County. IEP consultations.



Centro del Inmigrante, Inc.

4055 Jurupa Avenue
Riverside, CA 92506
(951) 777-4427

www.centroinmigrante.com

Services Provided: Education & Outreach

Libreria Del Pueblo Inc.

998 North D Street
San Bernardino, CA 92410
(909) 888-1800

Services Provided: Application Assistance – Naturalization

Training Occupational Development Educating Communities (TODEC)

Legal Center
234 South D Street
Perris, CA 92570
(951) 943-1955

www.todec.org

Services Provided: Application Assistance – Naturalization, Education & Outreach

Training Occupational Development Educating Communities (TODEC)

Legal Center
1482 Sixth Street
Coachella, CA 92236
(760) 698-8787

www.todec.org

Services Provided: Application Assistance – Naturalization, Education & Outreach



Mental Health Resources for the I/DD Community (Riverside County)

If you think you may be experiencing a behavioral or mental health challenge and want to seek treatment, schedule an appointment with your doctor. You can also contact your health insurance company and ask for a referral to a behavioral health specialist in your area. The Autism Society Inland Empire maintains a list of behavioral health specialists with experience with the I/DD community at <https://www.ieautism.org/counseling-2/>

- **Riverside County CARES Line Phone: (800) 706-7500** The Community Access, Referral, Evaluation and Support line (CARES Line) is available Monday-Friday 8am – 5pm and answered by licensed clinicians who provide support and crisis intervention, as well as connections to outpatient, inpatient and community resources. After hours service is available to refer individuals across Riverside County with appropriate mental health resources in their area. This resource provides information and referrals for Medi-Cal beneficiaries seeking Mental Health Services in English and Spanish.
- **Substance Use CARES Line (24/7 in English and Spanish Phone: (800) 499-3008**

What's Up Safehouse is a 24/7, free, anonymous mental health crisis texting line. Get immediate support from a licensed mental health professional. Dedicated to helping support the residents of Riverside County through issues surrounding anxiety, substance abuse, depression, school pressure, peer pressure, LGBTQ struggles, relational issues, suicidal thoughts, bullying, and any other issue that is causing trouble.

- Text SHHELP to 844.204.0880 24/7 for immediate support and resources.

Riverside County 24/7 Mental Health Urgent Care

If you or someone close to you is experiencing troubling thoughts, feelings, or behaviors, and you would like to speak with someone today, call or walk into one of Riverside Counties 24/7 Mental Health Urgent Care locations anytime. Someone who has been in your situation and knows how to help will be there to greet you. Whether you are in crisis or just need someone to talk to, all services are voluntary. Counseling and nursing, as well as psychiatric medications are available.

All locations are open 24/7. Call or walk-in. No appointments needed.

- **Riverside (for adults ages 18 and over)**
9890 County Farm Rd. Bldg. 2
Riverside, CA 92503
(951) 509-2499
All are welcome regardless of insurance type or ability to pay.



- **Perris (Youth and Adults ages 13 and older)**
85 Ramona Expressway
Suites 1-3
Perris, CA 92571
(951) 349-4195
All are welcome regardless of insurance type or ability to pay.
- **Palm Springs (Youth and Adults ages 13 and older)**
2500 N Palm Canyon Dr.
Suite A4
Palm Springs, CA 92262
(442) 268-7000
All are welcome regardless of insurance type or ability to pay.

National Alliance on Mental Illness (NAMI)

The nation's largest "volunteer based" grassroots mental health organization, dedicated to bettering the lives of many who are affected by mental illness.

NAMI advocates for access to services, treatment, support and research and is steadfast in its commitment to raise awareness and build a community of hope for all those in need.

- [NAMI Western Riverside County](#) Phone: (951) 369- 2721 Provides support and referral services to people in need in the cities of Riverside, Moreno Valley, Corona, Norco and the Jurupa Valley/Rubidoux area.
- [NAMI Temecula Valley](#) Phone: (951) 672-2089 NAMI Temecula Valley is a grassroots organization dedicated to improvement of life for those afflicted with mental illness and their loved ones.
- [NAMI Coachella Valley](#) Phone: (888) 881-6264 Provides support and referral services to people in need in the cities of Banning, Palm Springs, Palm Desert, Indian Wells, Desert Hot Springs, Indio, Coachella, Salton Sea
- [NAMI Mt. San Jacinto](#) Phone: (951) 765-1850 NAMI Mt San Jacinto is a grassroots organization of families and individuals whose lives have been affected by serious mental illness.



Mental Health Resources for the I/DD Community (San Bernardino County)

Phoenix Services/County of San Bernardino Department of Behavioral Health
820 E. Gilbert Street San Bernardino, CA 92415
(909) 387-7200

Services offered: Medication services. Services are also available to Spanish speaking and hearing-impaired clients. Fee: Sliding scale and MediCal.

NAMI San Bernardino.

Phone: (909) 654-4134.

The nation's largest "volunteer based" grassroots mental health organization, dedicated to bettering the lives of many who are affected by mental illness.

NAMI advocates for access to services, treatment, support and research and is steadfast in its commitment to raise awareness and build a community of hope for all those in need.

New Horizon Bilingual Family Therapy-accepts IEHP and most insurances

909-747-4344

<https://www.anewhorizonfamilytherapy.com/>

1255 W. Colton Ave Ste. 585

Redlands, California 92374

Outpatient behavioral health services. Includes assessment, psychotherapy and medication management.

San Bernardino Department of Behavioral Health

<https://wp.sbcounty.gov/dbh/mental-health-services/general/outpatient-clinics/>

24/7 Access & Referral Helpline: 1.888.743.1478, 909.386.8256 or 711 for TTY users or visit the Member Services: Access & Referral webpage.

Telecare Crisis Stabilization Unit

951-643-2340

14677 Merrill Ave, Fontana, CA

Provides up to 23 hours of stabilization for those who are experiencing a mental/behavioral health crisis. Must be at least 13 years of age or older. Uninsured individuals are welcome. Services include assessment, intervention, community linkage to support systems, and coordination of admission to inpatient facilities. Walk-ins accepted May self-refer or be referred by law enforcement, DBH, first responders, hospitals, or clinics. No documents required. English and Spanish.



Social Opportunities

ART

Art Camp 504. Learn visual and performing arts skills & socialize in LIVE classes. Classes are open to kids EVERYWHERE! <https://www.artcamp504.org/>

Art Class - Autism Society Inland Empire – Join us for FREE classes- This art class meets every Tuesday 3 PM – 4PM. Anyone is welcome. You will need the following materials: pencil, eraser, black pen/marker, colored pencils OR crayons. <https://www.ieautism.org/event/>

Desert ARC offers weekly Zoom Arts and Crafts Classes - Contact Martha for Zoom Instructions at mgonzalez@desertarc.org or call 760.601.2325. You do not need to be a member of the organization to participate <https://www.desertarc.org/resources>

LEAPS Art Class - Let's get creative and express ourselves through art. The art supplies that are required for this class are minimal, usually ranging from construction paper, glue, markers and scissors. Free class takes place on Wednesday's from 1-1:45. <https://www.leapsservices.com/virtual-learning>

Outschool. Live Online Classes and Camps. Explore any interest over live video chat! Discover fun, social, and safe learning experiences for kids ages 3-18 led by passionate teachers. Classes from \$10. <https://outschool.com>



COOKING CLASSES

Cooking Class with Chef Oscar from LEAPS. This class will use 5-7 ingredients and recipes will typically take between 20-30 minutes. This class may require some assistance as specific measurements may be needed for the recipe. This class takes place on Thursday's from 4-4:45. Contact Karina for Zoom instructions at kmelgar@leapservices.com or call (760) 673-6564. Membership classes are available for a fee for Cooking Camp. Free virtual classes are also available. <https://www.leapsservices.com/virtual-learning>

Claremont Chefs Academy is a culinary school that offers cooking classes for kids as young as 3 years old to adults. Our hands-on classes allow our students to learn proper culinary trades such as knife skills, food safety, etiquette, science, social, and math skills in a fun and safe environment. Students will enjoy what they make at the end of class as well as receive the recipes to take home. We also offer workshops, scout events, team building events, private adult parties, special needs classes, and more. <https://www.claremontchefsacademy.com/>

Outschool. Live Online Classes and Camps. Explore any interest over live video chat! Discover fun, social, and safe learning experiences for kids ages 3-18 led by passionate teachers. <https://outschool.com>

The Kids Table (based in Chicago, for ages 4-14)) - bring the hands-on cooking fun right into your home this summer with our NEW Virtual Cooking Camps! Kids learn new culinary skills, dive into delicious recipes, and expand their taste buds in a small interactive group setting. Ages 4-14yrs. <https://www.kids-table.com/virtual-classes>
\$78/5-week series; \$18/single class



DANCE & MUSIC

Dance Class Teens and Adults - High Hopes Dance Troupe - Contact Renee for Zoom instructions at highhopesdance@yahoo.com or on Facebook at High Hopes Dance. Saturdays from 10am-11am

Dance & Music Classes, School of Dance & Music, Segerstrom Center for the Arts - <https://scfta.org/Engage-and-Learn/Camps-and-Classes/Dance-School-for-Children-Disabilities/>

DJ Paul Dance Party every other Friday 5pm-6pm. Free event. All activities will be provided via Zoom, to get instructions on how to join message me on our social media handles or contact me directly by phone: 951-588-3716 or E-mail: ronica@ucpie.org. Visit the home page for the latest calendar <https://ucpie.org/>

Fun Fridays @Autism Society Inland Empire! All ages and free! Join us for 30 min of fun like working out with a superhero, sing-along with a princess, or other great adventures. Fridays 11-11:30am. Free but you must RSVP – www.ieautism.org

Hip Hop Dance Class Teens and Adults - High Hopes Dance Troupe - Contact Renee for Zoom instructions at highhopesdance@yahoo.com or on Facebook at High Hopes Dance. Sundays from 4-5pm

Let's Dance Together. Free Zoom Dance for Children with Special Needs. Great Exercise! Great Fun! Every Saturday Ages 0/3 10-10:30am Ages 4/7 10:30-11am Ages 8/12 9:30-10am Meeting ID 773 8415 4263 Password Dance Taught By Elliana Kim. For questions email ellianakim@gmail.com <https://www.inlandrc.org/pec-events/lets-dance-together-zoom-dance-class/1605346200>

Karaoke – LEAPS Services. What better way to have fun, then with singing with our friends some of our favorite songs. Learners are encouraged to make their song requests during the class. This class takes place on Thursday's from 1-2. See you and your best dance moves on Thursday! <https://www.leapsservices.com/virtual-learning>

Music Class with Nick – LEAPS Services. Let's jam out to some fun beats while exploring and learning how to use to play drum sticks. This class is for any participant that may or may not have any previous experience. If you don't have any drumsticks, no worries, you can use your hands and still follow along! This class takes place on Tuesday's from 4-4:45. <https://www.leapsservices.com/virtual-learning>

Music Therapy for ages 8 to 12 and 13 to adult – Autism Society Inland Empire. Group lessons held every other Monday with a licensed Music Therapist. \$10 per month. Visit www.ieautism.org/events for more info.



MEDITATION CLASSES

Meditation Classes - Desert Recreation

<https://www.myrecreationdistrict.com/adaptive-sports-calendar>

Officers many types of classes including a free Meditation Class via Zoom on Fridays from 3-4pm. Registration required. (760) 834-9597

Meditation/Tai Chi – Desert Arc. Contact Martha for Zoom Instructions at mgonzalez@desertarc.org or call 760.601.2325. Held Tuesdays from 2-3pm. Free.

Meditation with Michael – LEAPS Services. This class begins with some gentle stretches and breathing exercises. We then find a comfortable place to sit (on the floor or chair) and follow a guided meditation that will make you feeling calm towards the end of it. This class take place on Saturday's from 1-1:45. You must register

<https://www.leapsservices.com/virtual-learning>

Movement and Self-Reflection – LEAPS Services. Get ready to interact with other learners that join this class to clear their mind and find calmness within. We know that these are challenging times and therefore, self-care is important. Join us for a 1 hour that offers modified movements. <https://www.leapsservices.com/virtual-learning>



SOCIAL (VIRTUAL) GROUPS AND EVENTS

Autism Society of Inland Empire- <https://www.ieautism.org/events/> Has over 14 programs a month including a family event once a month (BINGO, Trivia). Will offer more opportunities for the entire family as health conditions permit. Check the calendar for the latest information. You must RSVP

- **Anime Group** – meets twice a month
- **Movie Club** – meets twice a month
- **Rancho Adult Group** –. Free event for independent adults – no parents. Meets twice a month on Friday nights.
- **Role Play Gamers Club** – fun games online like Dungeons & Dragons and more.
- **Teen Girl Group - Autism Society Inland Empire.** Free. Meets twice a month on Thursdays for virtual fun. Free.
- **Virtual Social Hour for teens and adults** - Free! Held each Thursday from 3-4pm.

Desert ARC – Offers a variety of virtual programs and social events including a free Movie Night on Friday nights from 5-6pm. Contact Martha for Zoom Instructions at mgonzalez@desertarc.org or call 760.601.2325.

IEHP Community Resource Center is offering virtual classes. If you have any questions on how to access classes call 1-866-228-4347, or 711 for TTYusers. [IEHP - Community Resource Centers : Class Calendar](#)

Rock N Our Disabilities - Provides social, recreational, educational, and mentoring programs for families and individuals with special needs. Check the calendar for virtual events. <https://rocknourdisabilitiesfoundation.org/upcoming-events>

UCPIE Virtual Activities - <https://ucpie.org/> Contact Ronica Reagins (951) 588-3716, ronica@ucpie.org for Zoom events login instructions. Offers special events each month.

The Kid's College- New Virtual Program offerings!

<https://register.asapconnected.com/Default.aspx?site=32206&org=3393>



SPORTS

Adaptive CrossFit w/Ms. Cheryl through UCP Zoom. Tuesdays from 3pm-4pm. Free event. Contact Ronica for Zoom instructions at ronica@ucpie.org or call 951.588.3716. All activities will be provided via Zoom, to get instructions on how to join contact Ronica 951-588-3716 or ronica@ucpie.org. Visit the home page for the latest calendar <https://ucpie.org/>

Adaptive Karate with Sensei Tamara through UCP Zoom. Mondays and Wednesdays from 3pm-4pm. Free event. Contact Ronica for Zoom instructions at ronica@ucpie.org or call 951.588.3716. All activities will be provided via Zoom, to get instructions on how to join contact Ronica 951-588-3716 or ronica@ucpie.org. Visit the home page for the latest calendar <https://ucpie.org/>

Adaptive Sports: Archery, Basketball, Boccia, Fitness, Meditation, Pickleball, Tennis by the Desert Recreation District

Palm Desert Community Center
(760) 834-9597

<https://www.myrecreationdistrict.com/adaptive-sports-calendar>

Officers wheelchair and adaptive basketball. Call to see if they are operating outside sports. Registration required.

Adaptive Yoga Presented by UCPIE - Contact Ronica for Zoom instructions at ronica@ucpie.org or call 951.588.3716. Free event. All activities will be provided via Zoom, to get instructions on how to join contact Ronica 951-588-3716 or ronica@ucpie.org. Visit the home page for the latest calendar <https://ucpie.org/>

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