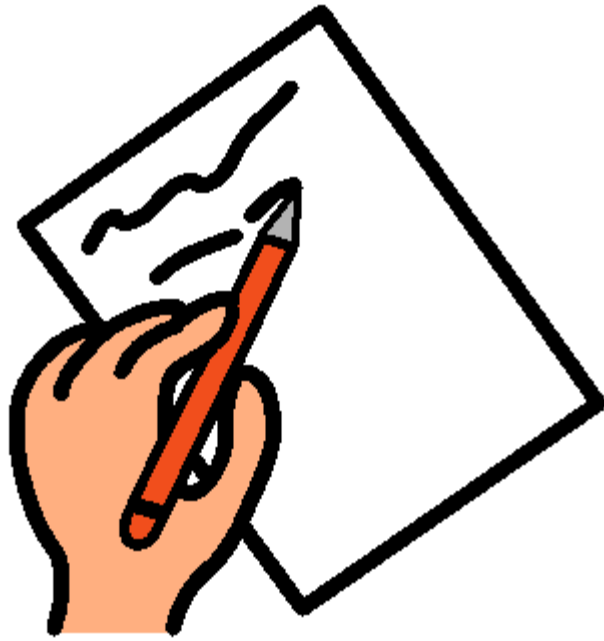
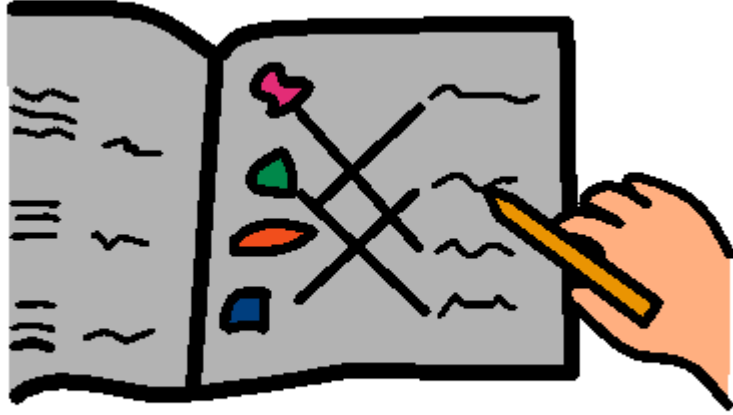


**Stop Touching Face**



My hands write.



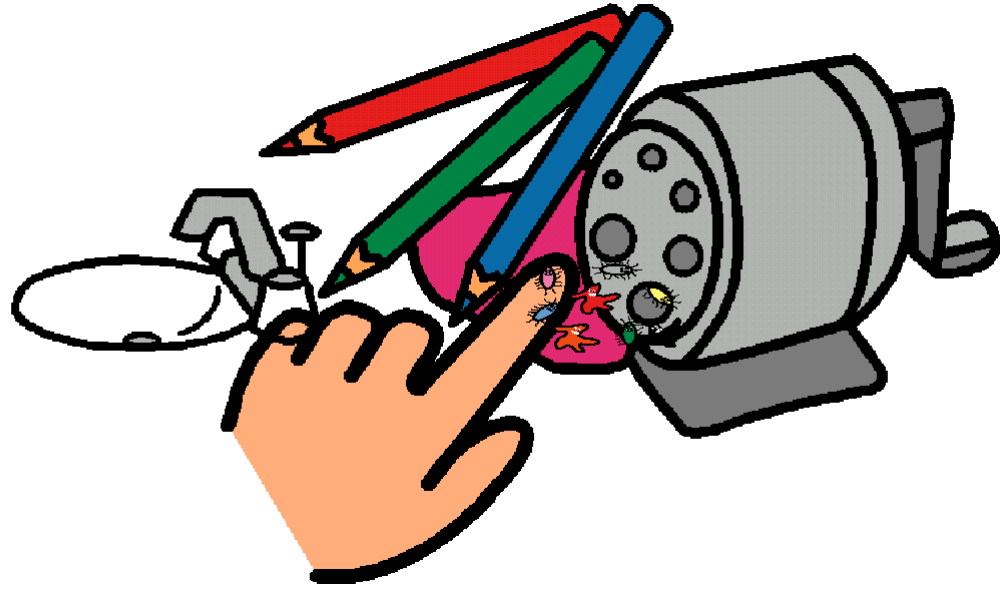
My hands work.



My hands carry things.



My hands clean things.



I touch many things. My hands and fingers get germs on them.



Sometimes when I have to sit, I like to put my fingers in my face (mouth, nose).

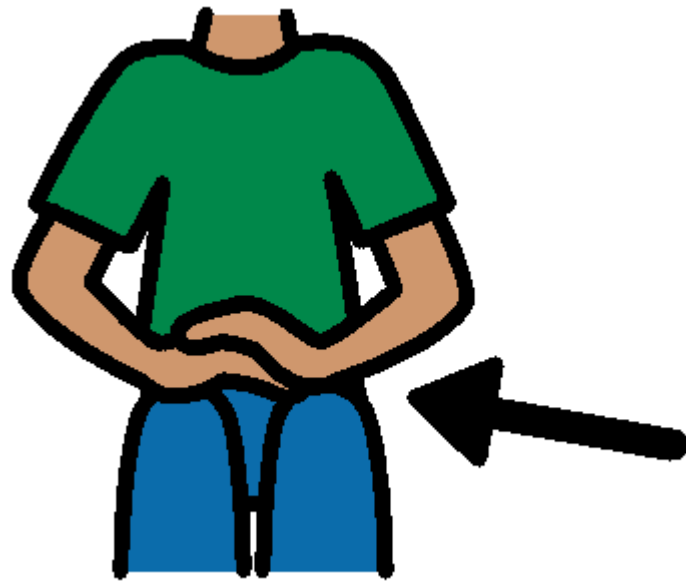


If I put my hands (fingers) in my face (mouth, nose) I am putting germs in my body.

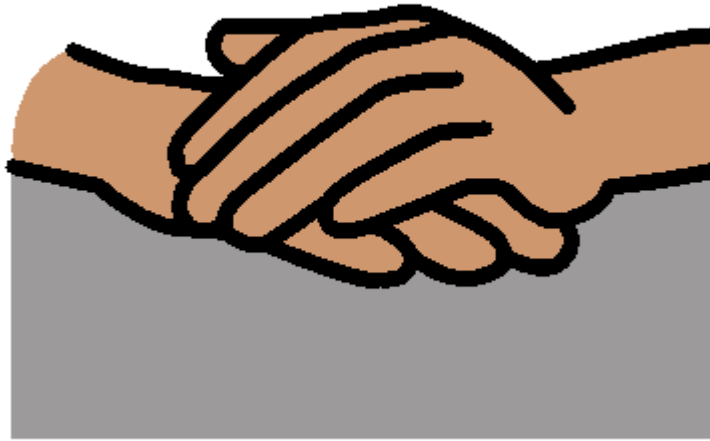




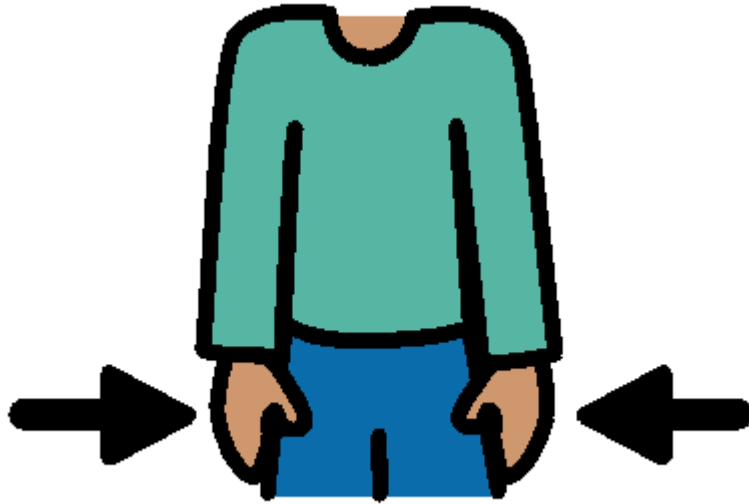
Some germs can make me sick.



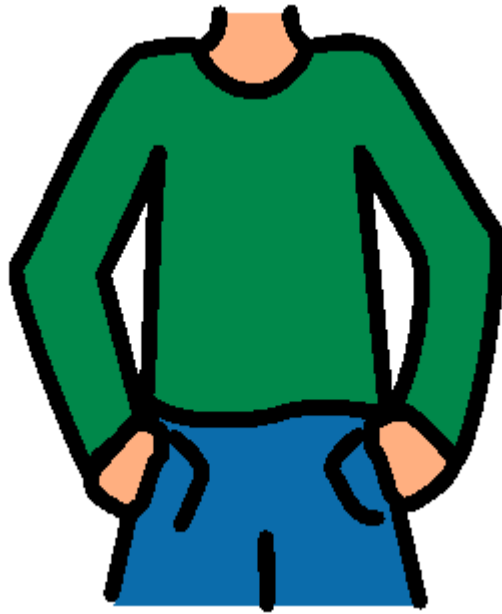
When my hands are not busy, I may put them in my lap.



When my hands are not busy, I may put them on my desk.



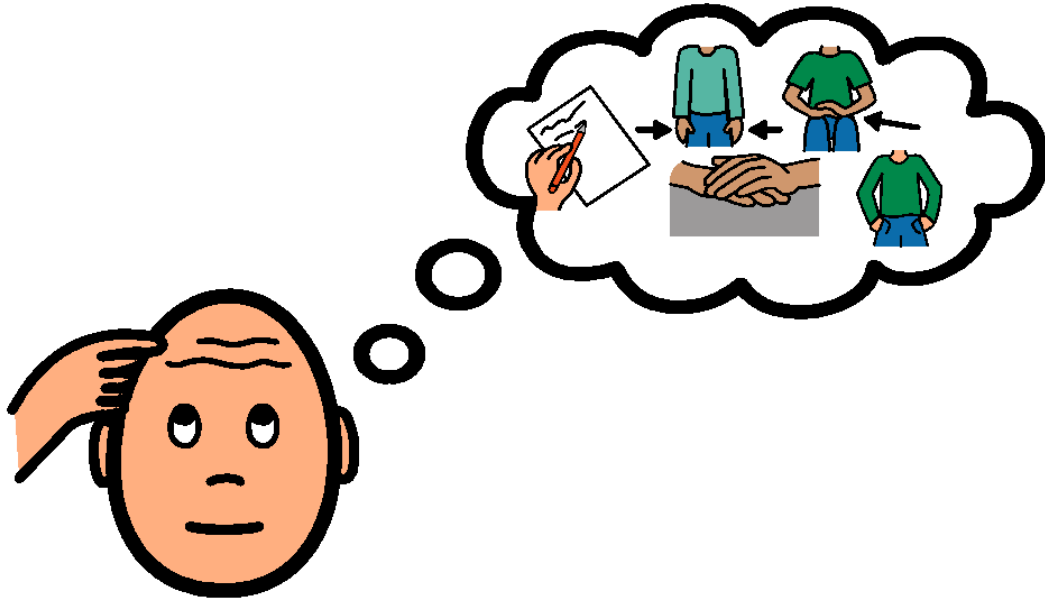
When my hands are not busy, I may put them by my sides.



When my hands are not busy, I may put them in my pockets.



**When my hands are not busy, I can use fidget to busy my hands.**



I will try not to put my hands on my face.

My parents, teachers and my friends are 😊 happy when my hands are busy working, resting at my side, on my desk, in my lap, or in my pockets.

