



**Autism  
Society**  
Inland Empire

# What Is Autism?

Let's Learn About Autism Acceptance

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**Everyone is special and different.  
The world would be a boring  
place if we were all the same.**

**We all have different colors and  
kinds of hair and different skin  
color. Some of us wear glasses  
and some of us don't.**

**What are some other ways we  
are the same and different?**



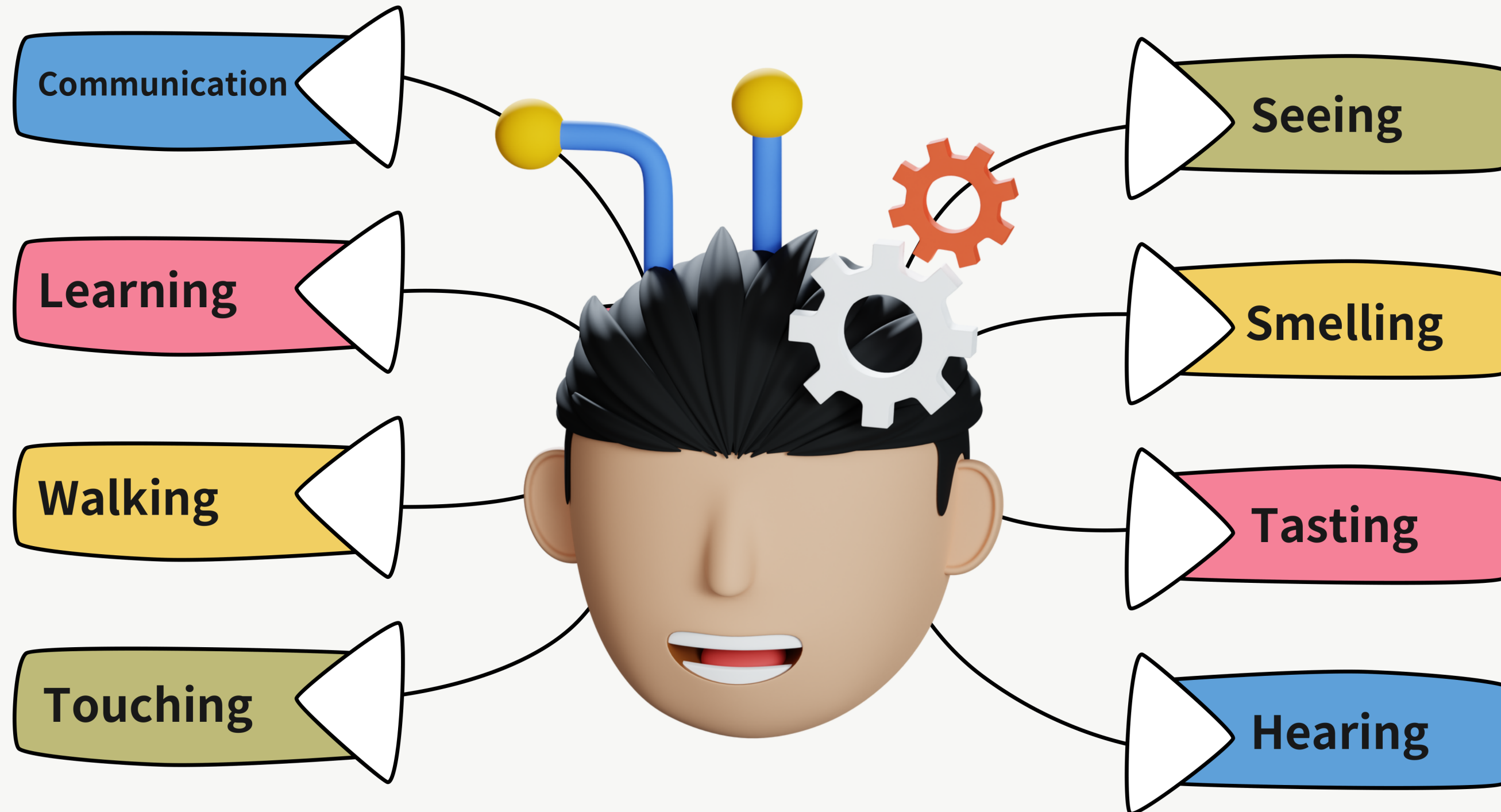
**Some kids are born with Autism. Kids who have Autism may learn or act a little different, but they still enjoy some of the same things we do.**





# 04

# How Our *AMAZING!* Brains Work Every Day







**Sight**

**Smell**

**Hearing**

**Taste**

**Touch**



**Our Five Senses**





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Since many children with Autism have a hard time with communication and feel the world differently than we do, they may have trouble dealing with change or something new.



Do YOU ever feel a bit nervous when things change?

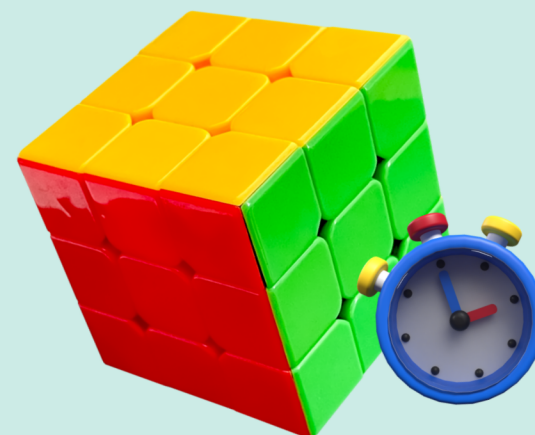
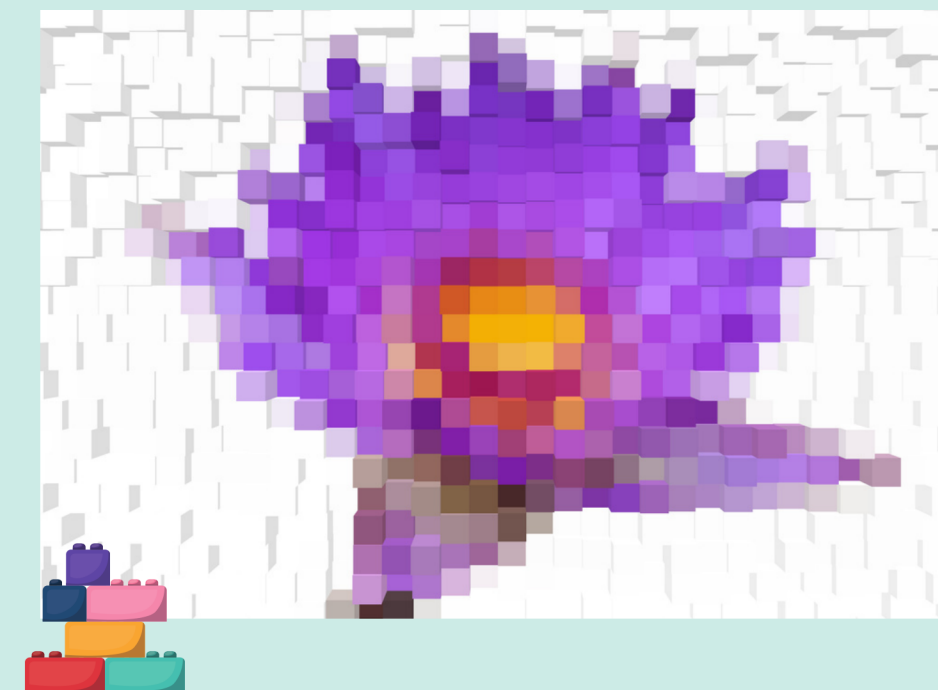
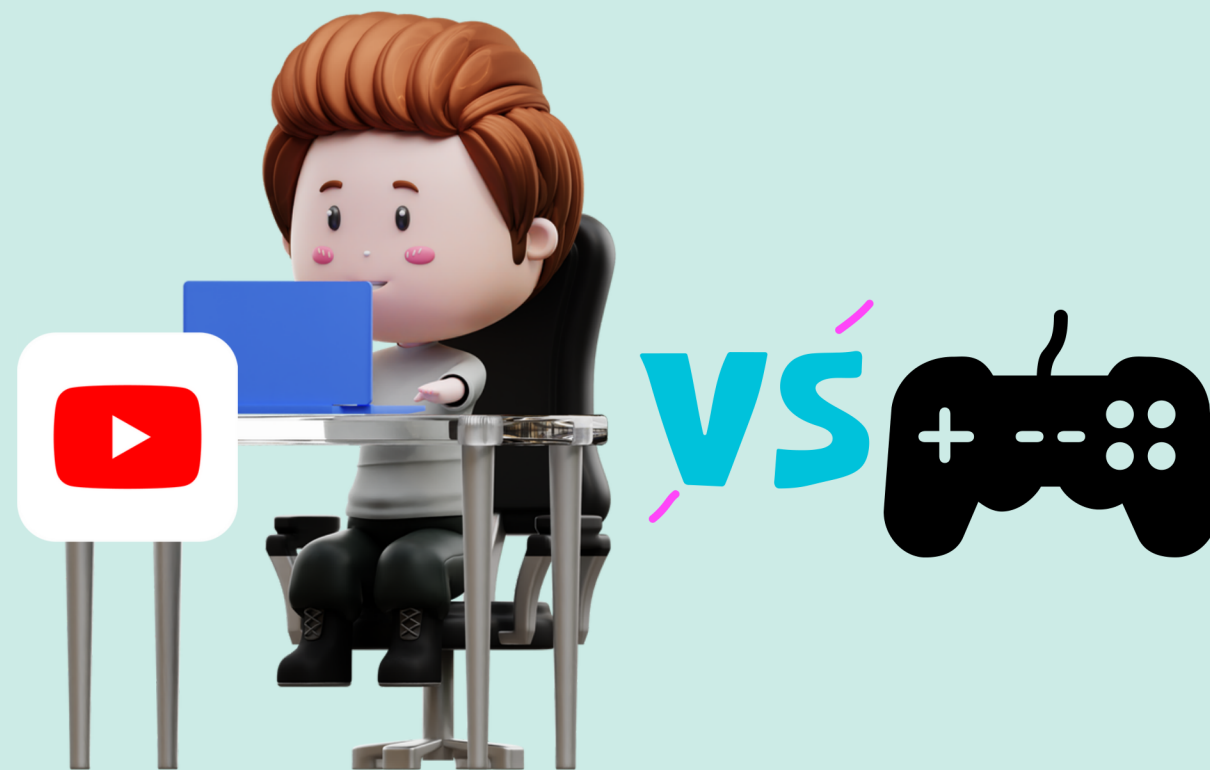
Always

Sometimes

Never

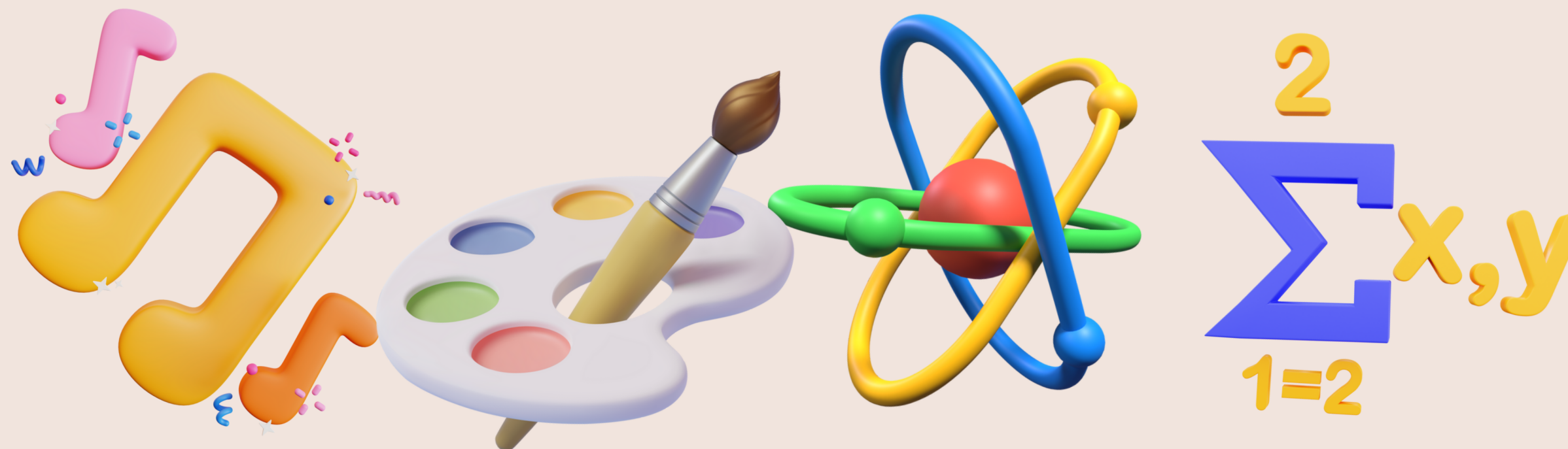


**They may also  
play in different  
ways.**



## Children with Autism can also have special gifts:

- Some children have a really good memory
- Some children are really good at math, science, music, or art
- They can be really honest and do not lie
- Some are still finding what they are really good at



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**As you can see,  
kids with Autism  
have their unique  
qualities, just like  
you and me!**







# Being a Friend and Kind to Someone with Autism

Let's Learn About Autism Acceptance



That's so cool!  
Can you tell me  
more about roller  
coasters?

Just like any friend,  
it is nice to **ask them**  
**about things** that  
they are interested  
in.





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You can be a friend to someone with Autism by **being friendly**.

Say “**hello**” and invite new friends to play!







**Sometimes, your friend with Autism might sit with you and play but not talk to you. You should know they still want to be your friend even if they don't use their words.**

**Be patient** and try to remember what it is like for them.

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If your friend is not sharing or taking turns,  
know that they are not trying to be mean.  
You could **help them learn** the rules.





# 16

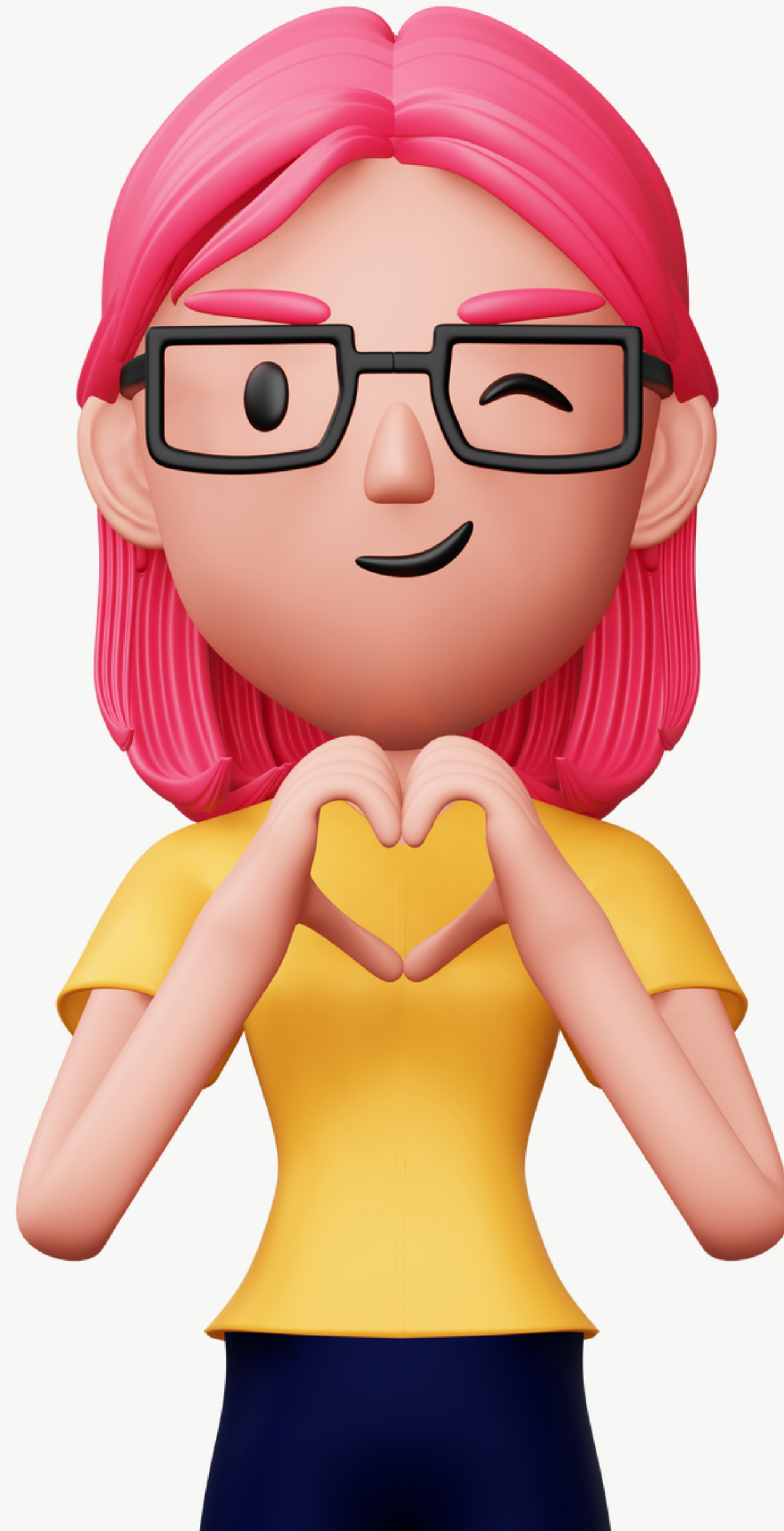
**Be understanding** when one of their senses is overwhelming them.

If some noises may feel **TOO LOUD** for them. They may use headphones, cover their ears, or speak words to themselves to cover up the loud noise and feel more calm.





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**No matter if a  
child has  
Autism or not,  
they still love  
having friends!**



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Let's show kindness by  
being a friend to all!

ALWAYS  
CHOOSE  
KINDNESS

